* Georgia Perimeter College takes seriously the welfare of all its students, staff and faculty.

**What is Ebola?**

Ebola virus is the cause of a viral hemorrhagic fever disease. Symptoms include: fever, headache, joint and muscle aches, weakness, diarrhea, vomiting, stomach pain, lack of appetite, and abnormal bleeding. Symptoms may appear anywhere from 2 to 21 days after exposure to Ebola virus though 8-10 days is most common.

**How is Ebola transmitted?**

Ebola is transmitted through direct contact with the blood or bodily fluids of an infected symptomatic person or through exposure to objects (such as needles) that have been contaminated with infected secretions.

**Can Ebola be transmitted through the air?**

No. Ebola is not a respiratory disease like the flu, so it is not transmitted through the air.

**Can I get Ebola from contaminated food or water?**

No. Ebola is not a food-borne illness. It is not a water-borne illness.

**Can I get Ebola from a person who is infected but doesn’t have any symptoms?**

No. Individuals who are not symptomatic are not contagious. In order for the virus to be transmitted, an individual would have to have direct contact with an individual who is experiencing symptoms.

**Georgia Perimeter College is recommending to the members of the college community to avoid non-essential travel to Sierra Leone and Guinea.**

Students Health Services is committed to assisting all of our students, faculty, and staff. If you suspect you may have been exposed to Ebola there are steps you can take to make sure you receive treatment and protect those around you.
Below are some simple guidelines for what you need to do if you have traveled to West Africa.

**Who to Contact Upon Return**

- **GPC Faculty and Staff**: Prior to returning to work after travel, faculty/staff should contact their primary care physician and Student Health to relay pertinent information about their recent travel to the countries listed above or any suspected contact.
- **GPC Students**: Prior to returning to campus/classes, students with recent travel to the countries listed above must contact Student Health at 678-891-4105 for counseling.

**Procedures for 21 Days**

- GPC faculty, staff and students returning from West Africa should check their temperature twice daily and report any symptoms to Student Health, including fever, headache, joint/muscle aches, weakness, diarrhea, vomiting, stomach pain or lack of appetite from the first day of their return from travel and for 21 days thereafter. For a complete list of Ebola symptoms, visit the CDC website [www.cdc.gov/vhf/ebola](http://www.cdc.gov/vhf/ebola).
- In the event of onset of a fever of 100 degrees or higher or any of the symptoms listed above, **DO NOT REPORT TO WORK OR SCHOOL**.

**Procedures if You Are Symptomatic**

- Symptomatic faculty/staff should contact their primary care physician via telephone to relay information about recent travel to foreign countries, potential exposure and symptoms. *As with any illnesses, limit your exposure to others and do not come to Student Health Services if you are symptomatic.*
- Symptomatic GPC students should first contact Student Health 678-891-4105 immediately for further guidance. *Do not come to Student Health Services if you are symptomatic.*

GPC Health Services will continue to be a resource for counseling and advice regarding this disease. Please do not hesitate to contact us with questions or concerns. Visit our website at: [www.gpc.edu/health](http://www.gpc.edu/health).

To view the CDC’s new resource entitled *Advice for Colleges, Universities, and Students about Ebola in West Africa*, go to: